

BTEC Sport Big Picture

Year 10 Autumn 01 Weeks 1 – 8 (8 weeks)	Year 10 Autumn 02 Weeks 9 – 15 (7 weeks)	Year 10 Spring 01 Weeks 16 – 21 (6 weeks)
<p>Content: Component One – Preparing Participants to Take Part in Sport and Physical Activity In this unit students will explore the different types and provision of sport and physical activity available for different types of participants. Students will also learn the barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity.</p> <p>Learning Outcome A:</p> <ul style="list-style-type: none"> Explore types and provision of sport and physical activity for different types of participant. <p>Topics Include:</p> <ul style="list-style-type: none"> Types and providers of sport and physical activities. Types and needs of sport and physical activity participants. Barriers to participation in sport and physical activity for different types of participant. Methods to address barriers to participation in sport and physical activity for different types of participant. 	<p>Content: Component One – Preparing Participants to Take Part in Sport and Physical Activity In this unit students will explore the different types and provision of sport and physical activity available for different types of participants. Students will also learn the barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity.</p> <p>Learning Outcome B:</p> <ul style="list-style-type: none"> Examine equipment and technology required for participants to use when taking part in sport and physical activity. <p>Topics Include:</p> <ul style="list-style-type: none"> Different types of sports clothing and equipment required for participation in sports and physical activity. Different types of technology and their benefits to improve sport and physical activity participation and performance. The limitations of using technology in sport and physical activity. 	<p>Content: Component One – Preparing Participants to Take Part in Sport and Physical Activity In this unit students will explore the different types and provision of sport and physical activity available for different types of participants. Students will also learn the barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity.</p> <p>Learning Outcome C:</p> <ul style="list-style-type: none"> Be able to prepare participants to take part in physical activity. <p>Topics Include:</p> <ul style="list-style-type: none"> Planning a warm-up. Adapting a warm-up for different categories of participants and different types of physical activities. Delivering a warm-up to prepare participants for physical activity.

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<p>Students to complete their assignment pieces for component one:</p> <p>Assessment Objectives:</p> <p>Task 1: Students to complete a written assignment piece. This will be approximately 3-5 pages of A4. Students will have to respond to a set scenario provided by the exam board which will assess them for learning outcome A.</p> <ul style="list-style-type: none"> • Component Number One total 36 GLH BTEC Set Assignment • Task One 12 marks <p>Centre-assessed and BTEC moderated</p>	<p>Students to complete their assignment pieces for component one:</p> <p>Assessment Objectives:</p> <p>Task 2: Students to create a presentation of approximately 10-15 slides. Students will have a set assignment provided by the exam board which will assess them for learning outcome B.</p> <ul style="list-style-type: none"> • Component Number One total 36 GLH BTEC Set Assignment • Task Two 12 marks <p>Centre-assessed and BTEC moderated</p>	<p>Students to complete their assignment pieces for component one:</p> <p>Assessment Objectives:</p> <p>Task 3: For the first part of the task students must prepare a written plan to prepare a participant in the scenario, with justification. For the second part, students must lead their warm-up they have created. The set assignment followed will assess them for learning outcome C.</p> <ul style="list-style-type: none"> • Component Number One total 36 GLH BTEC Set Assignment • Task Three Part One 12 marks • Task Three Part Two 12 marks <p>Centre-assessed and BTEC moderated</p>
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Year 10 Spring 02 Weeks 22 – 27 (6 weeks)	Year 10 Summer 01 Weeks 28 – 32 (5 weeks)	Year 10 Summer 02 Weeks 33 – 39 (7 weeks)
<p>Content: Component One – Preparing Participants to Take Part in Sport and Physical Activity In this unit students will explore the different types and provision of sport and physical activity available for different types of participants. Students will also learn the barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity.</p> <p>Learning Outcome C:</p> <ul style="list-style-type: none"> • Be able to prepare participants to take part in physical activity. <p>Topics Include:</p> <ul style="list-style-type: none"> • Planning a warm-up. • Adapting a warm-up for different categories of participants and different types of physical activities. • Delivering a warm-up to prepare participants for physical activity. 	<p>Content: Component Two – Preparing Participants to Take Part in Sport and Physical Activity In this unit, students will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.</p> <p>Learning Outcome A:</p> <ul style="list-style-type: none"> • Understand how different components of fitness are used in different physical activities <p>Topics Include:</p> <ul style="list-style-type: none"> • Components of physical fitness • Components of skill-related fitness <p>Learning Outcome B:</p> <ul style="list-style-type: none"> • Be able to participate in sport and understand the roles and responsibilities of officials. <p>Topics Include:</p> <ul style="list-style-type: none"> • Techniques, strategies, and fitness required for different sports. • Officials in sport. • Rules and regulations in sports. 	<p>Content: Component Two – Preparing Participants to Take Part in Sport and Physical Activity In this unit, students will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.</p> <p>Learning Outcome B:</p> <ul style="list-style-type: none"> • Be able to participate in sport and understand the roles and responsibilities of officials. <p>Topics Include:</p> <ul style="list-style-type: none"> • Techniques, strategies, and fitness required for different sports. • Officials in sport. • Rules and regulations in sports. <p>Learning Outcome C:</p> <ul style="list-style-type: none"> • Demonstrate ways to improve participants sporting techniques. <p>Topics Include:</p> <ul style="list-style-type: none"> • Planning drills and conditioned practices to develop participants' sporting skills. • Drills to improve sporting performance.

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Students to ensure their assignment pieces are complete and ready to moderate for the deadline:

Assessment Objectives:

Task 1: Students to complete a written assignment piece. This will be approximately 3-5 pages of A4. Students will have to respond to a set scenario provided by the exam board which will assess them for learning outcome A.

- Component Number One total 36 GLH BTEC Set Assignment
- Task One 12 marks

Centre-assessed and BTEC moderated

Task 2: Students to create a presentation of approximately 10-15 slides. Students will have a set assignment provided by the exam board which will assess them for learning outcome B.

- Component Number One total 36 GLH BTEC Set Assignment
- Task Two 12 marks

Centre-assessed and BTEC moderated

Task 3: For the first part of the task students must prepare a written plan to prepare a participant in the scenario, with justification. For the second part, students must lead their warm-up they have created. The set assignment followed will assess them for learning outcome C.

- Component Number One total 36 GLH BTEC Set Assignment
- Task Three Part One 12 marks

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<ul style="list-style-type: none"> Task Three Part Two 12 marks <p>Centre-assessed and BTEC moderated</p>		
<p>Year 11 Autumn 01 Weeks 1 – 8 (8 weeks)</p> <p>Content: Component Two – Preparing Participants to Take Part in Sport and Physical Activity In this unit, students will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.</p> <p>Students to complete their assignment pieces for component two:</p> <p>Assessment Objectives: Task 1: Students to complete a written assignment piece. This will be approximately 2-3 pages of A4. Students will have to respond to a set scenario provided by the exam board which will assess them for Learning Outcome A.</p> <ul style="list-style-type: none"> Component Number Two total 36 GLH BTEC Set Assignment Task One 12 marks <p>Centre-assessed and BTEC moderated</p> <p>Task 2: Students to perform at least three skills within a sport in isolated practice and then demonstrate the skills and strategies needed in the sport in a competitive</p>	<p>Year 11 Autumn 02 Weeks 9 – 15 (7 weeks)</p> <p>Content: Component Two – Preparing Participants to Take Part in Sport and Physical Activity In this unit, students will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.</p> <p>Students to complete their assignment pieces for component two:</p> <p>Assessment Objectives: Task 1: Students to complete a written assignment piece. This will be approximately 2-3 pages of A4. Students will have to respond to a set scenario provided by the exam board which will assess them for Learning Outcome A.</p> <ul style="list-style-type: none"> Component Number Two total 36 GLH BTEC Set Assignment Task One 12 marks <p>Centre-assessed and BTEC moderated</p> <p>Task 2: Students to perform at least three skills within a sport in isolated practice and then demonstrate the skills and strategies needed in the sport in a competitive</p>	<p>Year 11 Spring 01 Weeks 16 – 21 (6 weeks)</p> <p>Content: Component Three – Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity In this unit, students will be introduced and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. Students will also develop an understanding of the body and fitness testing.</p> <p>Students to complete their assignment pieces for component two:</p> <p>Assessment Objectives: AO1: Demonstrate knowledge of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise AO2: Demonstrate an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise AO3: Apply an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise</p>

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<p>situation. Students will have a set assignment provided by the exam board which will assess them for Learning Outcome B.</p> <ul style="list-style-type: none"> • Component Number Two total 36 GLH BTEC Set Assignment • Task Two 12 marks <p>Centre-assessed and BTEC moderated</p>	<p>situation. Students will have a set assignment provided by the exam board which will assess them for Learning Outcome B.</p> <ul style="list-style-type: none"> • Component Number Two total 36 GLH BTEC Set Assignment • Task Two 12 marks <p>Centre-assessed and BTEC moderated</p>	<p>AO4: Make connections with concepts, facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise</p> <p>Essential Content taught:</p> <p>LOA: Explore the importance of fitness for sports performance</p> <p>LOB: Investigate fitness testing to determine fitness levels</p> <p>LOC: Investigate different fitness training methods</p> <p>LOD: Investigate fitness programmes to improve fitness and sports</p>
<p>Task 3: Students will be required to create a presentation based on the different roles and responsibilities of officials in their selected sport, and the different rules and regulations of the sport. Students will have a set assignment provided by the exam board which will assess them for Learning Outcome B.</p> <ul style="list-style-type: none"> • Component Number Two total 36 GLH BTEC Set Assignment • Task Three 12 marks <p>Centre-assessed and BTEC moderated</p>	<p>Task 3: Students will be required to create a presentation based on the different roles and responsibilities of officials in their selected sport, and the different rules and regulations of the sport. Students will have a set assignment provided by the exam board which will assess them for Learning Outcome B.</p> <ul style="list-style-type: none"> • Component Number Two total 36 GLH BTEC Set Assignment • Task Three 12 marks <p>Centre-assessed and BTEC moderated</p>	<p>Students will complete a mini test on each Learning Objective included above</p> <p>Students will also sit at least one PPE prior to the exam in May/June.</p>
<p>Task 4: For the first part of this task, students to complete a written assignment piece. This will be approximately 3-5 pages of A4. They need to plan drills and conditioned practices to use to improve a skill in their chosen sport. Students will have to respond to a set scenario provided by the exam board which will assess them for learning outcome C. For the second part of this task, students will complete video recordings demonstrating the sports drills and conditioned practices. Students will have to respond to a set scenario provided by the exam board which will assess them for learning outcome C.</p> <ul style="list-style-type: none"> • Component Number Two total 36 GLH BTEC Set Assignment • Task One part one 12 marks 	<p>Task 4: For the first part of this task, students to complete a written assignment piece. This will be approximately 3-5 pages of A4. They need to plan drills and conditioned practices to use to improve a skill in their chosen sport. Students will have to respond to a set scenario provided by the exam board which will assess them for learning outcome C. For the second part of this task, students will complete video recordings demonstrating the sports drills and conditioned practices. Students will have to respond to a set scenario provided by the exam board which will assess them for learning outcome C.</p> <ul style="list-style-type: none"> • Component Number Two total 36 GLH BTEC Set Assignment • Task One part one 12 marks 	

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<ul style="list-style-type: none"> Task One part two 12 marks Centre-assessed and BTEC moderated 	<ul style="list-style-type: none"> Task One part two 12 marks Centre-assessed and BTEC moderated <p>If there is time, begin the exam unit which is mentioned in Spring 1.</p>	
<p>Year 11 Spring 02 Weeks 22 – 27 (6 weeks)</p>	<p>Year 11 Summer 01 Weeks 28 – 32 (5 weeks)</p>	<p>Year 11 Summer 02</p>
<p>Content: Component Three – Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity In this unit, students will be introduced and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. Students will also develop an understanding of the body and fitness testing.</p> <p>Assessment Objectives:</p> <p>AO1: Demonstrate knowledge of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise</p> <p>AO2: Demonstrate an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise</p> <p>AO3: Apply an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise</p> <p>AO4: Make connections with concepts, facts, components of fitness, fitness tests, training</p>	<p>Content: Component Three – Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity In this unit, students will be introduced and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. Students will also develop an understanding of the body and fitness testing.</p> <p>Assessment Objectives:</p> <p>AO1: Demonstrate knowledge of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise</p> <p>AO2: Demonstrate an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise</p> <p>AO3: Apply an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise</p> <p>AO4: Make connections with concepts, facts, components of fitness, fitness tests, training</p>	

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<p>methods/processes/principles in relation to improving fitness in sport and exercise</p> <p>Essential Content taught:</p> <p>LOA: Explore the importance of fitness for sports performance</p> <p>LOB: Investigate fitness testing to determine fitness levels</p> <p>LOC: Investigate different fitness training methods</p> <p>LOD: Investigate fitness programmes to improve fitness and sports</p> <p>Students will complete a mini test on each Learning Objective included above</p> <p>Students will also sit at least one PPE prior to the exam in May/June.</p>	<p>methods/processes/principles in relation to improving fitness in sport and exercise</p> <p>Essential Content taught:</p> <p>LOA: Explore the importance of fitness for sports performance</p> <p>LOB: Investigate fitness testing to determine fitness levels</p> <p>LOC: Investigate different fitness training methods</p> <p>LOD: Investigate fitness programmes to improve fitness and sports</p> <p>Students will complete a mini test on each Learning Objective included above</p> <p>Students will also sit at least one PPE prior to the exam in May/June.</p>	
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